

**Weakley County School Nutrition Program: Martin Elementary School November 2017 Menu**

**Choice of 1% or fat free milk offered daily**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
		<b>1 Breakfast Burrito or Sausage, Egg, Cheese Slider</b>	<b>2 Sausage &amp; biscuit</b>	<b>3 Granola Bar or Cereal Bar</b>
		<u><i>Mrs. Stacie's Class Menu</i></u> Frito Chili Pie Parmesan Chicken w/ Garlic Bread Carrots w/ ranch dip Corn Blueberries  <b>3<sup>rd</sup> choice Chef's Salad</b>	<u><i>Mrs. Kym's Class Menu</i></u> Chicken Fries Mozzarella Cheese Sticks Corn Bread Broccoli & Cheese Fresh Side Salad Sliced Oranges  <b>3<sup>rd</sup> choice: Turkey Sandwich</b>	<u><i>Mrs. Rebecca's Class Menu</i></u> Bacon Cheese Fries Boneless Chicken Wings Hot Rolls Lima Beans Glazed Carrots Strawberries Chocolate Brownies <b>3<sup>rd</sup> choice: Cereal &amp; String Cheese</b>
<b>6 Pop Tart or Muffin</b>	<b>7 Chicken Slider</b>	<b>8 Cereal</b>	<b>9 Sausage &amp; Biscuit</b>	<b>10 UBR Round or Oatmeal Bar</b>
Chicken Nuggets w/ Hot Roll Tuna Salad w/ Croissant Crispy Potatoes Fresh Broccoli and Ranch Sidekick Slushie	Deli Sub Philly Sub Lettuce, Tomato, Pickles Vegetable Soup Fresh Side Salad Applesauce  <b>3<sup>rd</sup> choice: PB &amp; J Uncrustable</b>	Cheeseburger Grilled Chicken Wrap Lettuce, Tomato, Pickles, Onion Baked Beans Fries Tropical Fruit  <b>3<sup>rd</sup> choice: Chef's Salad</b>	<u><i>Mrs. Mary Lee's Class Menu</i></u> Sausage & Biscuit Bacon & Cheese Omelet w/ Biscuit Sliced Tomatoes Tater Tots Watermelon or Strawberries  <b>3<sup>rd</sup> choice: Yogurt &amp; Snack Crackers</b>	Rib Sandwich Chicken Philly Macaroni and Cheese (side) Fresh Side Salad Cole Slaw Mandarin Oranges Assorted Pudding <b>3<sup>rd</sup> choice: Cereal &amp; String Cheese</b>
<b>13 Chocolate or Powdered Donut</b>	<b>14 Chicken Slider</b>	<b>15 Muffin or Cereal bar</b>	<b>16 Sausage &amp; Biscuit</b>	<b>17 Oatmeal Bar or PopTart</b>
Crispy Chicken Sandwich Chuckwagon Sandwich Lettuce, Tomato, Pickles Celery & Cherry Tomato w/dip Fries Sidekick Slushie	Fish Nuggets Popcorn Chicken Hot Roll Glazed Carrots Green Beans Pineapple  <b>3<sup>rd</sup> choice: Yogurt &amp; Snack Crackers</b>	Beef Taco Turkey Sandwich Lettuce, Tomato, Pickles Chips and Salsa and Sour Cream Fiesta Refried Beans Peach Cups	<u><b>THANKSGIVING MEAL</b></u>  (1)Turkey or (2) Ham Dressing Gravy Hot Roll Green Beans Creamy Sweet Potatoes Cranberry Sauce Mandarin Orange Fruit Salad Pumpkin Bars	(1)Chili w/crackers or (2)Hot Dog or (3)Chili Dog Steamed Broccoli and Cheese Baked Potatoes w/toppings Applesauce Cups  <b>3<sup>rd</sup> choice: Cereal &amp; String Cheese</b>
<b>20 Pancake on a Stick or French Toast</b>	<b>21 Pop tart or Cereal Bar</b>			
Beef Nachos w/Nacho cheese Crispitos w/Nacho cheese Salsa Potato Wedges Fresh Broccoli and Ranch Sidekick Slushie	Pork Chopette w/ Hot Roll Frito Chili Pie Carrots w/dip Corn Fruit Cocktail  <b>3<sup>rd</sup> choice: Yogurt &amp; Snack Crackers</b>			
<b>27 Pillsbury French Toast or Pancakes</b>	<b>28 Chicken Slider</b>	<b>29 Cereal bar or UBR Round</b>	<b>30 Sausage &amp; Biscuit</b>	<b>DEC 1 Cereal</b>
(1)Cheese or Sausage (2)Pepperoni Pizza (3)Chicken Salad on Ciabatta Bread Carrots w/dip Fresh Side Salad Sidekick Slushie	Poppy Seed Chicken or Country Fried Steak with gravy Mexican Cornbread Black-eye Peas Sweet Potatoes Pears  <b>3<sup>rd</sup> choice: Yogurt &amp; Snack Crackers</b>	Oven Fried Bologna Chicken Rotel Cornbread White Beans Broccoli and Cheese Pineapple  <b>3<sup>rd</sup> choice: Chef's Salad</b>	Chicken Nuggets w/ roll Mini Corn Dogs Green Beans Mashed Potatoes and Gravy Peaches  <b>3<sup>rd</sup> choice: Ham Sandwich</b>	<u><i>Mrs. Karen's Class Menu</i></u> Shrimp Po-boy Sandwich Pork Choppette w/ Roll Glazed Carrots Cucumbers & Ranch Kiwi & Cantaloupe Chocolate Cake <b>3<sup>rd</sup> choice: Cereal &amp; String Cheese</b>

*This institution is an equal opportunity provider.*