

WELCOME BACK!!

Weakley County School Nutrition Program


Martin Elementary School

January 2019 Menu

Milk choice & Fruit choice offered daily

“This institution is an equal opportunity provider.”



Monday	Tuesday	Wednesday	Thursday	Friday
7 Granola Bar or Muffin	8 Waffles or Pancakes	9 Chicken Slider or Sausage Biscuit	10 Banana Bread or Cocoa Bread	11 Sausage, Egg, Cheese Slider
Cheeseburger BBQ Chicken Sandwich Lettuce, Tomato, Pickles, Onion Baked Beans Fries Sidekick Slushie Apples	Deli Sub Philly Steak and Cheese Sub 3rd choice: Yogurt & Crackers Vegetable Soup Fresh Salad (1 c) Fries Peach Cup Tropical Fruit	Chicken Nuggets w/ Hot Roll Mini Corndogs 3rd choice: Chef's Salad Mashed Potatoes Bacon Green Beans Fruit Cocktail Applesauce	Asian Chicken w/ Rice Beef Dippers w/Hot Roll 3rd choice: Pretzel & Cheese Stir Fry Baby Carrots with dip Mandarin Oranges Sliced Pineapple	Rib Sandwich Chicken Philly 3rd choice: Cereal & String Cheese Steamed Broccoli Sweet Potato Fries Chocolate Chip Cookie Peaches Mixed Berry Cup
14 Donut or Cinnamon Bun	15 Breakfast Pizza	16 Sausage Biscuit or Chicken Slider	17 Muffin	18 Pillsbury Mini Cinis or Frudel
Dill Chicken Sandwich Fish Sandwich Lettuce, Tomato, Pickles Waffle Fries Baked Beans Slaw Sidekick Slushie Applesauce Cup	Chuckwagon Popcorn Chicken 3rd choice: Yogurt & Crackers Macaroni and Cheese (side) Hot Roll Glazed Carrots Green Beans Bananas Pears	Pollo Loco Chicken with Cheese & Rice Soft Shell Taco 3rd choice: Chef's Salad Shredded Lettuce & Diced Tomato Chips/Salsa/Sour Cream Fiesta Refried Beans Apples Pineapple Tidbits	(1) 2 Sausage Patties (2) 2 Chicken Patties (3) 1 Sausage & 1 Chicken Pattie 4th choice: Yogurt & Crackers Biscuit Gravy Eggs Hashbrown Carrots w/ Ranch Oranges Cinnamon Applesauce	(1) Grilled Cheese (2) Hot Dog (3) Chili w/ Crackers <i>(Chili can be served with both entrées)</i> Steamed Broccoli and Cheese Baked Potatoes w/toppings Assorted Jello Applesauce Cup Raisels
21 Martin Luther King, Jr. Day	22 Cereal bar	23 Chicken Slider or Sausage Biscuit	24 Yogurt & Granola	25 Cocoa Bread or Banana Bread
NO School 	Corndog Cheese Sticks w/ Marinara 3rd choice: Yogurt & Crackers Carrots w/ Ranch Pepper Fries Sidekick Slushie Pears	<u>Mrs. Stacie's Class Menu</u> Bacon Cheeseburger Mini Corn Dogs 3rd choice: Chef's Salad Lettuce, Tomato, Pickles, Onion California Blend Veggies Tater Tots Strawberry Cup Apples	Quesadilla Traveling Taco 3rd choice: Ham & Cheese Rollup Mexican Beans Spanish Rice Mexican Taco Trimmings & Salsa Sliced Pineapple Fruit Cocktail	Lemon Pepper Grilled Chicken Fish Nuggets 3rd choice: Cereal & String Cheese Cornbread Glazed Carrots Slaw White Beans Gingerbread Cake Raisins Peach Cup
28 French Toast or Waffles	29 Cereal	30 Bacon, Egg, and Cheese Slider	31 Cinnamon Pretzel Stick or Pancakes	February 1 UBR or Muffin
Stuffed Crust Pizza Burrito Corn Fresh Side Salad w/ Cherry Tomato Sidekick Slushie Pears	<u>Mrs. Mindy's Class Menu</u> Poppy Seed Chicken or Boneless Chicken Wings 3rd choice: Yogurt & Crackers Roll Broccoli & Cheese Cheesy Potatoes Fruit Cocktail Peach Cup	Popcorn Chicken Meatloaf 3rd choice: Chef's Salad Roll Green Beans Mashed Potatoes/ Gravy Mandarin Oranges Applesauce Cup	Pork Chopette w/ Hot Roll Frito Chili Pie 3rd choice: Pretzel & Cheese Carrots w/dip English Peas Apples Craisins	Lasagna Chicken Rings 3rd choice: Cereal & String Cheese Roll Sweet Potatoes Pinto Beans Chocolate Chip Oatmeal Cookie Peaches Tropical Fruit