




Weakley County School Nutrition Program

Martin Elementary School

November 2018 Menu

Milk choice & Fruit choice offered daily.

“This institution is an equal opportunity provider.”

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pop tart Sweet and Sour Crispy Steak 3rd choice: Pretzel & Cheese Dip Lo Mein Noodles Chinese Green Beans Broccoli with Cheese Mixed Berries/Applesauce Cups	2 Pillsbury Pancakes or Waffles <u>Mrs. April's Class Menu</u> Hamburger Steak Ravioli & Grilled Cheese 3rd choice: Cereal & String Cheese Garlic Toast Green Beans Sweet Potato Fries Strawberries/Apples
5 Yogurt & Granola Cheeseburger Grilled Chicken Wrap. Lettuce, Tomato, Pickles, Onion Baked Beans Fries Strawberry Cup/Peaches	6 Cereal Ham Sandwich Turkey Sandwich 3rd choice: Yogurt & crackers Vegetable Soup Fresh Salad Fries Mandarin Oranges/Pears	7 Chicken Biscuit or Sausage Biscuit Chicken Nuggets w/ Hot Roll Mini Corndogs 3rd choice: Chef's Salad Mashed Potatoes Bacon Green Beans Blueberries/Pineapple	8 Banana Bread or Cocoa Bread Asian Chicken w/ Asian Fried Rice Beef Dippers w/Hot Roll 3rd choice: Ham and Cheese Rollup Stir Fry Steamed Carrots Tropical Fruit/Apples National STEM/STEAM Day	9 Sausage, Egg, Cheese Slider Rib Sandwich Chicken Philly 3rd choice: Cereal & string Cheese Steamed Broccoli Sweet Potato Fries Mixed Berry Cup/Applesauce
12 Donut or Cinnamon Bun Grilled Chicken Sandwich Fish Sandwich Cheese, Lettuce, Tomato, Pickles French Fries Baked Beans Slaw Peach Cup/Applesauce Cup Red, White, & Blue Jello	13 Breakfast Pizza Cheeseburger Crispito w/ cheese Glazed Carrots Green Beans Strawberry Cup/Apple	14 Sausage Biscuit or Chicken Biscuit <u>TURKEY DAY!!!</u> Turkey or Ham w/ dressing Hot Roll Green Beans Sweet Potatoes Fruit Salad Pumpkin Squares 	15 Muffin or Oatmeal Bar (1) 2-Sausage (2) 2-Chicken Pattie (3) 1-Sausage & 1- Chicken (4) Yogurt & Crackers Biscuit Gravy Hashbrown Carrots w/dip Fruit Cocktail/Raisels	16 Cereal Grilled Cheese Hot Dog Chili w/ Crackers (Chili also served with Grilled Cheese or Hot Dog) Steamed Broccoli and Cheese Baked Potatoes w/toppings Apples/Grapes  Great American Smokeout
19 Manager's Choice Hamburger Steak Grilled Chicken Wrap Steamed Carrots Cabbage Strawberry Cup/Apples	20 Manager's Choice Sweet & Sour Chicken w/ Rice Baked Ham w/ Hot Roll Stir Fry Veggies Side Salad Applesauce Cup/Craisins	NO SCHOOL NOVEMBER 21-23 		
26 Pillsbury French Toast or Pancakes Pork Chopette w/ Roll Traveling Taco Carrots w/dip Pinto Beans Blueberries/Pears  Happy Bday Charles Shulz	27 Cereal <u>Mrs. Shannon's Class Menu</u> Poppy Seed Chicken Spaghetti & Meatballs 3rd choice: Yogurt & Crackers Yeast Rolls Green Beans Glazed Carrots Bananas/Pineapple Slices	28 Frudal or Mini Cinni's Popcorn Chicken w/ Roll Hot Ham & Cheese on a Bun 3rd choice: Chef's Salad Macaroni and Cheese (side) Green Beans Mashed Potatoes and Gravy Peach Cup/Apples	29 Cinnamon Pretzel Stick or Donut <u>Mrs. Carter's Class Menu</u> Pizza Bagel Burrito 3rd choice: Ham Sandwich Corn Fresh Side Salad w/ Cherry Tomato Fresh Strawberries/ Apples w/Caramel Chocolate Cupcake	30 UBR Lasagna Chicken Rings 3rd choice: Cereal & String Cheese Roll Sweet Potatoes English Peas Pears/Grapes