





Weakley County School Nutrition Program

Martin Elementary School

September 2018 Menu

Milk choice & Fruit choice offered daily

“This institution is an equal opportunity provider.”

Monday	Tuesday	Wednesday	Thursday	Friday
3 NO SCHOOL	4 Cereal	5 Sausage or Chicken and Biscuit	6 Bagel w/ Strawberry Spread	7 Breakfast Burrito
 <p>LABOR DAY</p>	<p>Chicken and Waffles Fried Bologna and Biscuit Hashbrown Casserole Carrots w/ Dip</p> <p><i>3rd choice: Yogurt & Snack Crackers</i></p>	<p><u><i>Mrs. Kym's Class Menu</i></u> Assorted Pizza Fish Sticks with Roll Mashed Potatoes English Peas</p> <p><i>3rd choice: Chef's Salad</i></p>	<p>Mini Corn Dogs Spaghetti w/ Breadstick Slaw Glazed Carrots Fresh Side Salad</p> <p><i>3rd choice: Pretzel & Cheese Dip</i></p>	<p>Chicken Tenders Sloppy Joe Hot Roll Cheesy Potatoes Turnip Greens Sugar Cookie</p> <p><i>3rd choice: Cereal & String Cheese</i> <i>Reminder: 9TH – Grandparent's Day</i></p>
10 Oatmeal Bar or Cereal Bar	11 Muffin or Granola Bar	12 Chicken or Sausage Biscuit	13 Pop tart (2 ct)	14 Pillsbury Pancakes or French Toast
<p>“School” Pizza Grilled Cheese Fries Carrots w/Dip</p>	<p>Turkey Roast w/ Gravy Chicken Rotel Hot Roll Mashed Potatoes Stewed Tomatoes</p> <p><i>3rd choice: Yogurt & Snack Crackers</i></p>	<p>Chicken Sliders Ham and Cheese Slider Lettuce, Tomato, Pickles Fries Baked Beans</p> <p><i>3rd choice: Chef's Salad</i></p>	<p>Sweet and Sour Chicken Crispy Steak Lo Mein Noodles Chinese Green Beans (Sautéed) Broccoli with Cheese</p> <p><i>3rd choice: Pretzel & Cheese Dip</i></p>	<p>Hamburger Steak Chicken Parmesan Garlic Toast Baked Sweet Potato Corn Yellow cake w/ icing</p> <p><i>3rd choice: Cereal & String Cheese</i></p>
17 Granola Bar or Blueberry Nutri-Grain Bar	18 Pillsbury Waffles	19 Chicken or Sausage and Biscuit	20 Banana Bread or Cocoa Bread	21 Sausage, Egg, Cheese Slider
<p>Deli Sub Philly Sub Vegetable Soup Fresh Salad Fries</p>	 <p>NATIONAL CHEESEBURGER DAY</p> <p>Cheeseburger Grilled Chicken Wrap Lettuce, Tomato, Pickles, Onion Baked Beans Fries</p> <p><i>3rd choice: Yogurt & Snack Cracker</i></p>	<p>Chicken Nuggets w/ Hot Roll Mini Corndogs Mashed Potatoes Green Beans</p> <p><i>3rd choice: Chef's Salad</i></p>	<p>EARLY DISMISSAL NO LUNCH SERVED</p>  <p>Parent-Teacher Conferences 12:00-6:00</p>	<p>Rib Sandwich Chicken Philly Steamed Broccoli Sweet Potatoes Assorted Jello</p> <p><i>3rd choice: Cereal & String Cheese</i></p>
24 Donut or Cinnamon Bun	25 Breakfast Pizza	26 Sausage or Chicken and Biscuit	27 String Cheese & Snack Crackers	28 Pillsbury Mini Cinis or Apple Frudel
<p>Crispy Chicken Sandwich Seafood Platter* w/ Hushpuppies (*Fish and Shrimp) Lettuce, Tomato, Pickles Fries Baked Beans Slaw</p>	<p>Chuckwagon Popcorn Chicken Hot Roll Glazed Carrots Green Beans</p> <p><i>3rd choice: Yogurt & Snack</i></p>	<p>Pollo Loco Chicken with Cheese & Rice Taco Shredded Lettuce & Diced Tomato Chips and Salsa and Sour Cream Fiesta Refried Beans Apples</p>  <p><i>3rd choice: Chef's Salad</i></p>	<p>(1)2 Sausage Patties (2)2 Chicken Patties (3)1 Sausage & 1 Chicken Pattie Biscuit Gravy Tater tots Tomato Slices</p> <p><i>4th choice: Pretzel & Cheese Dip</i></p>	<p>(1)Chili w/ Crackers or (2)Hot Dog or (3)Chili Dog Grilled Cheese Steamed Broccoli and Cheese Baked Potatoes w/toppings Assorted Pudding</p> <p><i>4th choice: Cereal & String Cheese</i></p>

Cracker

